From Vaclav Havel:

Hope is not the conviction that something will turn out well but the certainty that something makes sense, regardless of how it turns out.

It is I who must begin....

Once I begin, once I try here and now, right where I am, not excusing myself by saying that things would be easier elsewhere, without grand speeches and ostentatious gestures, but all the more persistently —to live in harmony with the "voice of Being," as I understand it within myself —as soon as I begin that, I suddenly discover, to my surprise, that I am neither the only one, nor the first, nor the most important one to have set out upon that road....

Whether all is really lost or not depends entirely on whether or not I am lost....